

Regular Readings & Services

Mondays: Therapeutic Massage with Rhonda Lackow, LMT, RMT

Meditation Circle with Lindsey O'Connell @ 1-2pm

Tues & Saturdays: Tarot Readings, Crystal Sound Bowls, Reiki and More! with Maria Davis

Tuesdays, Wednesdays, and Thursdays: Channeled Readings with Annalisa Breisler

Wednesdays, Thursdays, and Fridays: Acupuncture with Casey Potetz

Fridays @ 5:30-6:30pm: Sound Bath Meditation with Lindsey or Sue

By Appointment: Private Sound Healings with Lindsey O'Connell

Psychic Medium/Remote Viewing Readings w/ Nancy du Tertre 2nd Fri & Sat of the month

Readings with Andrea April 29 & 30

Psychic Mediumship Readings with Katharine April 20

Weekly Yoga & Qi Gong Classes (Packages Available SAVE 20%)

COMPLIMENTARY 1ST CLASS FOR: CHRISTY, JOSH, KATHARINE & MELISSA

Mondays: Ashtanga Yoga Practice with Patty Macrae 9-10:15am (Wed & Fri)

Tuesdays: Gentle Yoga with Christy @ 9:30-10:30am

Kundalini Yoga with Gong Bath with Katharine @ 7:30-8:30pm

Wednesdays: Gentle Yoga with Christy @ 11am

Fridays: Qi Gong with Josh @ 11am-12pm Every other Friday starting 4/19

Sundays: Aromayoga with Alison on April 14 @ 1-3pm

Restorative with Tarot with Christy on May 21

Restorative with Liz Wendel @ 4-5:30pm April 7 (1st Sunday of the month)

Flow with Restorative with Melissa on April 21 @ 6-7:15pm

Reiki Certification Classes with Maria Davis

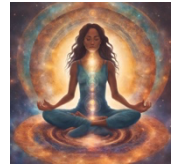
Reiki is a Japanese word meaning UNIVERSAL LIFE FORCE ENERGY. It is based on the concept that everything in the universe is made up of energy and this life force energy that flows all around us can be drawn into the body to heal. It is a healing art that works with the imbalances of the body, mind, and spirit to support good health and well-being.

Reiki I: You will learn about the chakras, hand positions, history of Reiki & how to treat for yourself, family members & even pets. There is an attunement to "awaken" you to the universal life force energy. **\$250 April 6 @ 12-6pm; June 15 @ 10am; September 14 @ 10am**

Reiki II: You will learn about the following: understanding auras, reiki sacred symbols, distance Healing - CAN SEND ANYWHERE IN THE WORLD, cellular memory- Cellular memory technique, helps clear past traumas and unwanted patterns by healing "core issues," events that have long since been buried are released. There will be an attunement to the Reiki 2 energy. We will also do a healing session, and a certificate will be awarded upon completion. You must be certified in Reiki 1 before taking Reiki 2. **\$325 May 19 @ 10am-4pm; May 22 @ 9:30am; October 20 @ 10am**

Master Reiki: Reiki Level 3 includes: Master sacred symbols, learn how to do an attunement and how to teach Reiki, an understanding of Chakras 8-12, receive an attunement to the Reiki 3 energy and a certificate will be awarded upon completion. If you have completed Reiki Level 1 and 2 and would like to raise your energy level, this is the class for you. It's a deep commitment to the practice of Reiki. **\$375 May 11 @ 11:30-5:30pm; September 6 @ 12-6pm**

*****Karuna Practitioner Reiki Certification June 22 @ 10am****Master Karuna Practitioner Reiki Certification October 12 @ 10am****



HARMONIC BREATHWORK VOYAGE: A JOURNEY OF SOMATIC AWAKENING AND SOUND HEALING WITH LINDSEY O'CONNELL ON APRIL 22 @ 6:30PM

Embark on a transformative journey of inner discovery. We begin with a 20-30 minute somatic breathwork session, where you'll be guided through deep, conscious breathing techniques. Somatic breathwork is an embodied practice that focuses on the sensations within the body, using breath to release tension, clear emotional blockages, and enhance bodily awareness. Then you will be immersed in the soothing vibrations of crystal bowls, gongs, and other harmonic instruments. No previous experience is required.

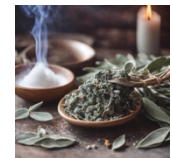
SOUND HEALING LEVEL 1 CERTIFICATION: HARMONIZING BODY, MIND, AND SPIRIT WITH LINDSEY O'CONNELL ON MAY 17 @ 5:30-9PM Ready

to embark on a journey to become a certified Sound Healer? Join our Level 1 Sound Healing Course, where ancient wisdom meets modern science in a transformative experience. Learn the science and art of sound healing. Experience the impact of frequencies through hands-on playing of singing bowls, chimes, and more. Discover how to weave healing sounds into daily life and lay the foundation for your professional practice. Sign up now and take the first step towards certification and a harmonious future!



ACTIVE DREAMWORK SERIES WITH DR. KRISTA STANLEY ON APRIL 7 AND MAY 5 @ 1-3PM Dreams help us find our bigger stories. Whether you have epic dreams or short snippets, dreams help us interpret the confused messages of everyday life. The work we do in these sessions will ignite your intuitive thinking. You will journey into your own dreams and become dream shaman for each other's dreams. As we pull apart the symbolic threads of a dream, we find deeper meaning and together weave potent narratives to live by.

Join Dr. Krista for Messages from Spirit in The Shungite Room on April 20, May 4, 12, and 25 – Limited to 7



ENERGY SPACE CLEARING CERTIFICATION WITH MARIA DAVIS AND CHRISTY ABATE ON APRIL 17 @ 6-8:30PM The scientific "Law of Conservation of Energy" states: energy cannot be created nor destroyed; it can only change forms. In this class, you will learn about the science of energy & the art of how to transmute lower density energies. When we move energy, we uplevel ourselves and our environment allowing us to step into a higher frequency. Course includes different techniques for clearing yourself and others, homes and spaces, pre & post energy sessions, and more!



CONNECT TO THE ORACLE WITHIN: ELEVATE THE QUALITY OF YOUR LIFE, USING THE DIVINE WISDOM INSIDE YOU! WITH PATTY LENNON ON APRIL 14 @ 4PM It is possible to experience peace, love, and prosperity no matter what is going on around you. The key is to follow your own path. In this workshop you will tune into your personal Divine frequency using oracle cards, signs, and messages. You'll also learn to filter out the voice of fear so you can understand and follow this guidance confidently. Gift: You will receive your own Space for Magic oracle card deck to take home with you!



TAPPING CIRCLE (EFT): FOOD CRAVINGS WITH REBECCA ULISSE VIA ZOOM ON APRIL 16 @ 6:30-7:30PM (Zoom link sent 1 hour before event) Ready to kick a food craving that you've been struggling with to the curb? Join us for a special online tapping circle event via Zoom & learn how to use Emotional Freedom Technique to tap away the emotional intensity underlying your particular food craving. Guided by EFT practitioner Rebecca Ulisse, you will journey through breathing, visualization and tapping techniques to help you relax and release the craving. Please have the food that you want to work with on hand at the event.

SEE THE WEBSITE FOR ALL OF OUR UPCOMING EVENTS! www.theangelcoop.com

<p>LET'S GET SOCIAL <i>Instagram @shungiteroom</i> <i>YouTube The Angel Cooperative</i> <i>Twitter @angelcoopct</i> <i>Thank you for voting us Best Spiritual Store!!!</i></p>	<p>APRIL 1 10am-4pm Intuitive Bodywork & Massage w/ Rhonda* \$145+ 11:15am-12:15pm FREE A Course in Miracles Book Club with Ronni* 1-2pm Meditation Circle with Lindsey* \$25 (1st class FREE) 6-7:30pm Psychic & Mediumship Development Class with Dr. Krista* \$175/all classes</p>	<p>APRIL 2 9:30-10:30am Gentle Yoga with Christy* \$25 (1st class FREE) 10am-5pm Readings w Annalisa \$60+ 11:15am-1:30pm Reiki/Singing Bowls/Tarot Readings Maria*\$30+ 2-5pm Private Shamanic Reiki & Tarot Sessions w/Deana Paqua* \$75+ 7:30-8:30pm Kundalini Yoga with Gong Bath with Katharine* \$25</p>	<p>APRIL 3 10am-5pm Channeled Readings with Annalisa \$60+ 11am-12pm Gentle Yoga with Christy* \$25 (1st class FREE) 6:30-8pm Goddess Activation: Ma'at with Christy Abate and Alison DeNicola* \$25</p>	<p>APRIL 4 10am-5pm Channeled Readings with Annalisa \$60+ 6:30- 7:45pm Healing Ceremony to Reset and Rejuvenate with Casey Potetz*\$25</p>	<p>APRIL 5 10am-5pm Readings w/Mica \$60+ 5:30-6:30pm Sound Bath Meditation with Lindsey* \$35 7-8:15pm New Moon Solar Eclipse in Aries with Lindsey* \$25</p>	<p>APRIL 6 12-6pm Reiki I Certification* \$250 with Maria Davis <i>Register by April 4</i> 7-8:30pm New Moon Bliss Satsang with Sita's Light* \$20 prepaid registration; \$25 at the door</p>
<p>APRIL 7 10:30am-12pm Root Chakra Embodiment Workshop with Jackie Jackson* \$35 1-3pm Dreamwork Series with Dr. Krista* 2-part class next date: May 5 \$60 total 4-5:30pm Restorative Yoga with Liz Wendel* \$30</p>	<p>APRIL 8 10am-4pm Intuitive Bodywork & Massage w/ Rhonda* \$145+ 1-2pm NO CLASS TODAY Meditation Circle with Lindsey</p>	<p>APRIL 9 9:30-10:30am Gentle Yoga with Christy* \$25 (1st class FREE) 10am-5pm Readings w Annalisa \$60+ 11:15am-1:30pm Reiki/Singing Bowls/Tarot Readings Maria*\$30+ 7:30-8:30pm Kundalini Yoga with Gong Bath with Katharine* \$25</p>	<p>APRIL 10 10am-5pm Channeled Readings with Annalisa \$60+ 11am-12pm Gentle Yoga with Christy* \$25 (1st class FREE) 6:30-8pm Ascended Masters Circle: Jesus and Mary Magdalene with Christy and Annalisa* \$25 <i>FULL Call for waitlist</i></p>	<p>APRIL 11 10am-5pm Channeled Readings with Annalisa \$60+ 6:30-8pm Embodiment with Casey: Movement & Self Love* \$35</p>	<p>APRIL 12 11am-4pm Psychic Mediumship/Remote Viewing Readings with Nancy du Tertre \$70+ 11am-12pm Qi Gong with Josh* \$25 (1st class FREE) 5:30-6:30pm Sound Bath Meditation with Lindsey* \$35</p>	<p>APRIL 13 10am-4pm Reiki/Singing Bowls/Tarot Readings Maria*\$30+ 11am-4pm Psychic Mediumship/Remote Viewing Readings with Nancy du Tertre \$70+ 11am-12:30pm Cupping for Self-care with Casey Potetz*\$35 <i>(Includes 1 cup)</i></p>
<p>APRIL 14 11am-4:30pm Aura Photography w/ Sondra \$40 1-3pm Restorative Aromayoga for Positivity with Alison DeNicola* \$40 4-6pm Connect to the Oracle Within: Elevate the quality of your life, using the Divine wisdom inside you! with Patty Lennon* \$50</p>	<p>APRIL 15 10am-4pm Intuitive Bodywork & Massage w/ Rhonda* \$145+ 11am-5pm Bazi, Chinese Readings with Melanie Norman \$148+ 1-2pm Meditation Circle with Lindsey* \$25 (1st class FREE) 6-7:30pm Psychic & Mediumship Development Class with Dr. Krista* \$175/all classes (4/1, 15, 29 & 5/13)</p>	<p>APRIL 16 9:30-10:30am Gentle Yoga with Christy* \$25 (1st class FREE) 10am-5pm Readings w Annalisa \$60+ 11:15am-1:30pm Reiki/Singing Bowls/Tarot Readings Maria*\$30+ 2-5pm Private Shamanic Reiki & Tarot Sessions w/Deana Paqua* \$75+ 6:30-7:30 ZOOM EFT: Food Cravings with Rebecca \$20 7:30-8:30pm Kundalini Yoga with Gong Bath with Katharine* \$25</p>	<p>APRIL 17 10am-5pm Channeled Readings with Annalisa \$60+ 11am-12pm Gentle Yoga with Christy* \$25 (1st class FREE) 6-8:30pm Energy Space Clearing Certification Class with Christy Abate and Maria Davis* \$77</p>	<p>APRIL 18 10am-5pm Channeled Readings with Annalisa \$60+ 6:30-8pm EARTH DAY EVENT ~ Intro to Shamanism: Drumming to Connect with Mother Earth with Deana Paqua* \$35 <i>bring a drum or rattle if you have one</i></p>	<p>APRIL 19 10am-4pm Private Sound Healing with Energywork with Sue Broudy in The Shungite Room \$65 11am-12pm Qi Gong with Josh* \$25 (1st class FREE) 5:30-6:30pm Sound Bath Meditation with Lindsey O'Connell* \$35</p>	<p>APRIL 20 11am-12:30pm Messages from Spirit with Dr. Krista in The Shungite Room \$70 12-5pm Tarot Certification Class with Maria Davis* \$125 2-5pm Psychic Mediumship Readings with Katharine* \$75</p>
<p>APRIL 21 11am-2pm Community Acupuncture with Casey Potetz* \$65/60min time slot 3-5pm Intro to God-based Mediumship with Jeanne Street* \$55 6-7:15pm Flow and Restorative Yoga with Melissa* \$25 (1st class FREE)</p>	<p>APRIL 22 ~ PASSOVER 10:30-4:30pm Private EFT Sessions or Reiki & Sound Healing with Rebecca Ulisse \$50+ 11:15am-12:15pm FREE A Course in Miracles Book Club with Ronni* 1-2pm Meditation Circle with Lindsey* \$25 (1st class FREE) 6:30-7:45pm Harmonic Breathwork Voyage with Lindsey* \$40</p>	<p>APRIL 23 9:30-10:30am Gentle Yoga with Christy* \$25 (1st class FREE) 10am-5pm Readings w Annalisa \$60+ 10am-1:30pm Reiki/Singing Bowls/Tarot Readings Maria*\$30+ 7:30-8:30pm Kundalini Yoga with Gong Bath with Katharine* \$25</p>	<p>APRIL 24 10am-5pm Channeled Readings with Annalisa \$60+ 11am-12pm Gentle Yoga with Christy* \$25 (1st class FREE) 6:45-8pm FREE Women's Circle with Christy & Casey*</p>	<p>APRIL 25 SPECIAL VISITOR! JJ is back! 10am-4pm 1:1 Light Language and Soul Readings with JJ Brighton* \$277 5:30-6:30pm Sound Bath Meditation with Sue Broudy* \$35 7-8:15pm Full Moon in Scorpio with Lindsey* \$25</p>	<p>APRIL 26 10am-12pm 1:1 Light Language and Soul Readings with JJ Brighton* \$277 5:30-6:30pm Sound Bath Meditation with Sue Broudy* \$35 7-8:15pm New Moon in Taurus with Lindsey* \$25</p>	<p>APRIL 27 12-2pm 1:1 1:1 Light Language and Soul Readings with JJ Brighton* \$277 3-5pm Pleiadian Energy Calibration & Group Healing with Multidimensional Light Language Channel JJ Brighton* \$77</p>
<p>APRIL 28 11am-1pm ZOOM The D-word Workshop with Melissa \$40 12-3pm Family Constellations with Erica Simpson* \$50</p>	<p>APRIL 29 10am-4pm Intuitive Bodywork & Massage w/ Rhonda* \$145+ 11am-5pm Readings with Andrea in The Shungite Room \$60+ 11:15am-12:15pm FREE A Course in Miracles Book Club with Ronni* 1-2pm Meditation Circle with Lindsey* \$25 (1st class FREE) 6-7:30pm Psychic & Mediumship Development Class with Dr. Krista*</p>	<p>APRIL 30 11am-5pm Readings with Andrea in The Shungite Room \$60+ 9:30-10:30am Gentle Yoga with Christy* \$25 (1st class FREE) 2-5pm Private Shamanic Reiki & Tarot Sessions w/Deana Paqua* \$75+ 7:30-8:30pm Kundalini Yoga with Gong Bath with Katharine* \$25</p>	<p>MAY 1 10am-5pm Readings with Jeanne Street \$88 11am-12pm Gentle Yoga with Christy* \$25 (1st class FREE)</p>	<p>MAY 2 EXCITING NEWS! Book Release Event for "Real Life Intuition" with award winning author Melanie Barnum! Event is FREE! All welcome for this fun & interactive event! 6:30-8:30pm @ The Angel Wing</p>	<p>MAY 3 11am-12pm Qi Gong with Josh* \$25 (1st class FREE) 5:30-6:30pm Sound Bath Meditation with Lindsey O'Connell* \$35 7-8:15pm New Moon in Taurus with Lindsey* \$25</p>	<p>MAY 4 11am-12:30pm Messages from Spirit with Dr. Krista in The Shungite Room \$70</p>
<p>MAY 5 10am-4pm DROP-IN EVENT Make a Bear stuffed with Crystals with Gillian \$29+ 10:30am-12pm Sacral Chakra Embodiment Workshop with Jackie Jackson* \$35 1-3pm Dreamwork Series with Dr. Krista* \$60/2-part class 4-5:30pm Restorative Yoga with Liz Wendel* \$30</p>	<p>MAY 6 10am-5pm Readings, Reiki, and Sound Healing w/Mica \$60+ 10am-4pm Intuitive Bodywork & Massage w/ Rhonda* \$145+ 11:15am-12:15pm FREE A Course in Miracles Book Club with Ronni* 1-2pm Meditation Circle with Lindsey* \$25 (1st class FREE) 6-7:15pm Flow and Restorative Yoga with Melissa* \$30 (1st class FREE)</p>	<p>MAY 7 7:30-8:30pm Kundalini Yoga with Gong Bath with Katharine* \$25</p>	<p>MAY 8 10am-5pm Readings with Jeanne Street \$88 6:30-8pm Intro to Shamanism: with Deana Paqua* \$35</p>	<p>MAY 9 6-8pm Using Tools to Tap Into Your Intuition! with Melanie Barnum in The Shungite Room \$49 6:30-8pm Embodiment with Casey: Movement & Self Love* \$35</p>	<p>MAY 10 5:30-6:30pm Sound Bath Meditation with Lindsey O'Connell* \$35 11am-4pm Psychic Mediumship/Remote Viewing Readings with Nancy du Tertre \$70+</p>	<p>MAY 11 11am-4pm Psychic Mediumship/Remote Viewing Readings with Nancy du Tertre \$70+ 11:30-5:30pm Master Reiki with Maria Davis* \$375</p>